*#Connect to the SQL database*

*$conn = New-Object System.Data.SqlClient.SqlConnection*

*$conn.ConnectionString = "Server=MYSQLServer;Database=MySQLDB;trusted\_connection=true;"*

*$Conn.Open()*

*$Command = New-Object System.Data.SQLClient.SQLCommand*

*$Command.Connection = $Conn*

*$output | foreach {*

*#write-host "INSERT INTO MySQLTable (Name,MailboxCount) VALUES ('$($\_.Name)',$($\_.MailboxCount))"*

*$Command.CommandText = "INSERT INTO MySQLTable (Name,MailboxCount) VALUES ('$($\_.Name)',$($\_.MailboxCount))"*

*$Command.ExecuteNonQuery() | out-null*

*}*

*$Conn.Close()*

*To Delete a table*

*$sqlsvr = "SQLServerName.uk.dev.local"*

*$database = "DatabaseName"*

*$table = "exchangeMailStores"*

*$conn = New-Object System.Data.SqlClient.SqlConnection*

*$conn.ConnectionString = "Data Source=$sqlsvr;Initial Catalog=$database; Integrated Security=SSPI"*

*$conn.Open()*

*$cmd = $conn.CreateCommand()*

*$cmd.CommandText = "DELETE $table"*

*#Execute Query*

*$cmd.ExecuteNonQuery()*

*OR*

*#Get a list of mailbox databases as well as ‘Status’ information*

*$Databases = Get-MailboxDatabase MBX\* -Status*

*#Count each database mailboxes*

*$output = $Databases | select Name,@{n=’MailboxCount’;e={(Get-Mailbox -Database $\_.Name).Count}} | Sort-Object MailboxCount*

*#Export the Output to CSV for our keeping*

*$csvFile = "c:\ScottTools\Exports\MBCountByDatabase.csv"*

*$output | Export-Csv $csvFile -NoTypeInformation*

*#Connect to the SQL database*

*$sqlsvr = "SQLServerName.uk.dev.local"*

*$database = "DatabaseName"*

*$table = "exchangeMailStores"*

*$conn = New-Object System.Data.SqlClient.SqlConnection*

*$conn.ConnectionString = "Data Source=$sqlsvr;Initial Catalog=$database; Integrated Security=SSPI"*

*$conn.Open()*

*$cmd = $conn.CreateCommand()*

*Import-Csv $csvFile | %{*

*$cmd.CommandText = "INSERT INTO $table (homemdb, availableCount) VALUES (‘$($\_.Name)’,'$($\_.MailboxCount)’)"*

*#Execute Query*

*$cmd.ExecuteNonQuery()*

*}*